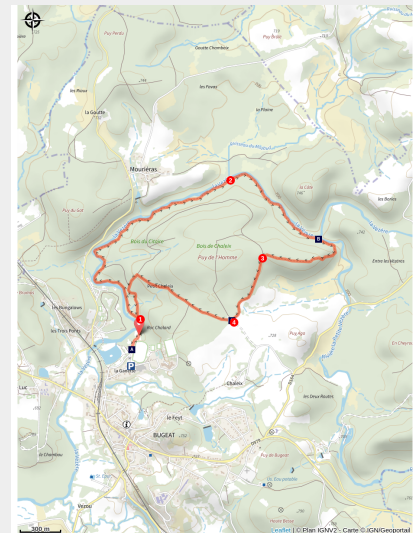


Chaleix Wood

Plateau de Millevaches - Bugeat



(G.Salat - CC HCC)



An easy circuit in the heart of the ancient woodland of the Chaleix woods.

This circuit takes us along an iconic river in the Massif Central, the Vézère. It rises from its source in the heart of the Longeyroux Peat Bog and flows, eventually, into the Dordogne. Even if the echo of the river is ever-present, this little fisherman's trail offers a different atmosphere all year round: the freshness of the undergrowth and blueberries in summer, autumn colours, an unobstructed view of the river in winter, and meetings with fishermen in spring...

Useful information

Practice : Pedestrian

Duration : 1 h 30

Length : 6.1 km

Trek ascent : 107 m

Difficulty : Easy

Type : Loop

Themes : Lakes and rivers,
Landscape

Trek

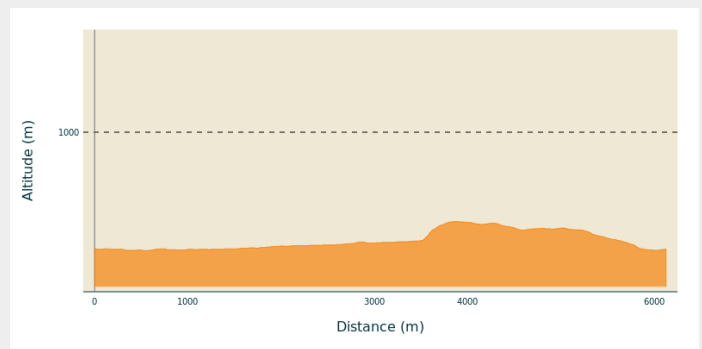
Departure : Lake of the Three Bridges, Bugeat

Arrival : Lake of the Three Bridges, Bugeat

Markings : — Yellow markers

Cities : 1. Bugeat

Altimetric profile



Min elevation 671 m Max elevation 752 m

Start behind the stadium grandstand. Take the path that leads towards the woods. Go over the barrier.

1. At the crossroads, take the track on the left which runs alongside the Vézère. After the last of the chalets you can see on the other side, climb the steep little path. At the top, leave the main track; a poorly marked path goes back down to the river. Follow it for about 45 minutes. Several successive landmarks: the path turns in a meander of the river - alongside a first islet - goes over a large block of granite. It then joins a wider track away from the watercourse; follow it to the left for 300 metres.
2. Before this track climbs into the undergrowth, take a path to the left alongside the river. Other landmarks: the hidden ruins of a mill on the other side (visible in winter), the path that rises above the water and then descends, the confluence of the Vézère and the Petite Vézère. 100 m after this confluence, join a more clearly marked path that leaves the watercourse and rises abruptly into the undergrowth. It gradually widens out onto the ledge.
3. Turn left at the forestry track.
4. When you get to a huge crossroads, follow the second track on the right. It passes in front of the ruins of a barn. At the end of the track, turn left to descend again. Carry straight on to return to the starting point.



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On your path...



 Espace 1000 Sources (A)

 La Vézère (B)

 Chaleix Wood (C)



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All useful information

Advices

Paths are liable to flooding at times.

How to come ?

Transports

Bugeat Station

Access

In Bugeat, on the D979, head towards the Espace 1000 Sources then the Etang des Trois Ponts. Start off behind the stadium grandstand.

Advised parking

Lake of the Three Bridges, Bugeat

Information desks

**Office de tourisme Terres de Corrèze
- Bureau de Bugeat**

Place du Champ de Foire, 19 170 Bugeat
Tel : 05 55 95 16 68



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On your path...



Espace 1000 Sources (A)

The circuit starts near the Espace 1000 Sources stadium, a training centre that welcomes groups of sports enthusiasts who love the great outdoors. Behind this centre is Alain Mimoun, winner of the Sydney 1956 Olympic Games marathon, who had fine-tuned his preparations in Bugeat.

Attribution : CC HCC



La Vézère (B)

Rising from its source in the heart of the Plateau de Millevaches in the Longeyroux peat bog, the Vézère flows into the Dordogne after having covered more than 200 km. Along the way, the confluence of the Vézère and the Petite Vézère is an ideal place to stop. The excellent quality of its waters is confirmed by the presence of the otter.

Attribution : L.Gelly



Chaleix Wood (C)

The Bois de Chaleix, with a ground area of about 150 ha, was acquired recently by the commune of Bugeat. Bordered by the Vézère river, it is composed of deciduous and coniferous trees. It offers many possibilities for sporting activities: hiking, orienteering, trail running, fishing and archery.

Attribution : CC HCC



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