

Lake Viam

Parc de Millevaches en Limousin - Bugeat



Lac de Viam (B.Bouche)



Head towards the Lac de Viam for this family circuit which allows you to discover the Bugeac countryside.

This circuit is part of the FFVélo Haute-Corrèze mountain bike base, the largest mountain biking area in France with 1000 km of marked circuits. This circuit is accessible to all, easy going, with few technical sections. Be careful however in the two descents after Terracol and when arriving in Bugeat. A very pleasant route on paths alternating shrubby areas and meadows. A beautiful ride through the autumn colours.

Useful information

Practice : Mountain Bike

Duration : 1 h 30

Length : 16.4 km

Trek ascent : 385 m

Difficulty : Easy

Type : Loop

Themes : Heritage site and architecture, Lakes and rivers

Trek

Departure : Trois Ponts lake, Bugeat

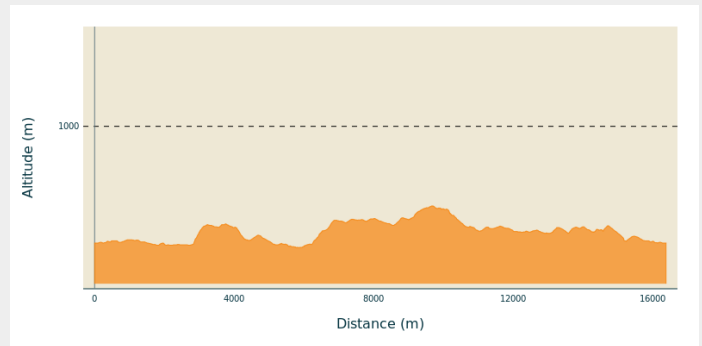
Arrival : Plan d'eau des 3 Ponts, Bugeat

Markings : ➡ VTT

Cities : 1. Bugeat

2. Viam

Altimetric profile



Min elevation 663 m Max elevation 779 m

Balisage : flèches marrons

Départ sur le bord du plan d'eau derrière la tribune du stade. Partir sur le chemin vers la gare de Bugeat.

On your path...



-  Espace 1000 Sources (A)
-  Lake Viam (B)
-  Le Haut de Couignoux (C)
-  L'Echameil (D)
-  The railway (E)
-  The village of Bugeat (F)



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All useful information

How to come ?

Transports

Bugeat Station

Access

In Bugeat, on the D979, head towards the Espace 1000 Sources then the Etang des 3 Ponts. Start off behind the stadium grandstand.

Advised parking

Three Bridges lake, Bugeat

Information desks

**Office de tourisme Terres de Corrèze
- Bureau de Bugeat**

Place du Champ de Foire, 19 170 Bugeat

Tel : 05 55 95 16 68



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On your path...



Espace 1000 Sources (A)

The circuit starts near the Espace 1000 Sources stadium, a training centre that welcomes groups of sports enthusiasts who love the great outdoors. Behind this centre is Alain Mimoun, winner of the Sydney 1956 Olympic Games marathon, who had fine-tuned his preparations in Bugeat.

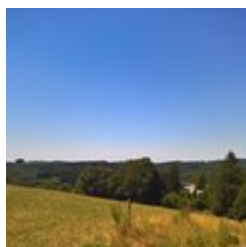
Attribution : CC HCC



Lake Viam (B)

Filled in 1946, this dammed lake marks the passage of the Millevaches plateau with its streams snaking through wet peaty hollows towards higher areas where the watercourses come together. It is the first upstream hydroelectric structure on the Vézère.

Attribution : B. Bouche



Le Haut de Couignoux (C)

The physicochemical alteration of the granite has created a disconcerting landscape because it is difficult to read. There are no well-marked valleys or vast plains but a succession of basins and hills; a so-called "honeycombed" landscape". Nor are there any raging mountain streams, as the water, trapped in the wetlands of these basin bottoms, scarcely flows.

As a result, from this rocky promontory which culminates at an altitude of 730 m, one can see the Puy Pader, the Puy Niouloux, the Lake, the village of Viam and the Belvedere, as well as the Monceau Dam.

Panel no. 6 is located there and contains more information.

Attribution : OT Terres de Corrèze



L'Echameil (D)

The villages of Haute-Corrèze are all involved in agriculture. Walking through these hamlets always produces interesting discoveries during a hike: barns, mansions, crosses, bread ovens... At L'Echameil, don't miss the old well. Broussouloux then Coulournat are also characterised by their traditional granite buildings.

Attribution : G. Salat - CC HCC



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The railway (E)

You're going to walk along a railway track on the way back from this hike. It is a portion of the line that connects Limoges to Clermont-Fd. This line, opened in 1883, contributed to the opening up of the region. The section between Ussel and the capital of Auvergne has been closed since 2014.

Attribution : CC HCC



The village of Bugeat (F)

Granite is everywhere in the traditional buildings of the Millevaches plateau, such as the village of Bugeat. From the extraction of rock to the work of artists and traditional local buildings, the Granite House, a permanent exhibition within the Bugeat tourist office, is a starting point for many discoveries.

Attribution : G.Salat - CC HCC