The Rocher de la Poule

Gorges et plateaux de la Haute-Dordogne - Ussel

La Vallée de la Diège (D.Agnoux)

Un circuit au départ de Ponty qui remonte la Diège pour découvrir la campagne environnante d'Ussel.

This circuit is part of the FFVélo Haute-Corrèze mountain bike base, the largest mountain biking area in France with 1000 km of marked circuits. From the same starting point, this tour is a shortcut to the "La Vallée de la Diège" and "La Cime des Bois" routes. This circuit owes its name to the rock that is to be found after Le Chassaing at km 18. Ideal for an exploratory excursion before undertaking more significant distances.

Useful information

Practice : Mountain Bike

Duration : 2 h 30

Length : 28.1 km

Trek ascent : 758 m

Difficulty : Difficult

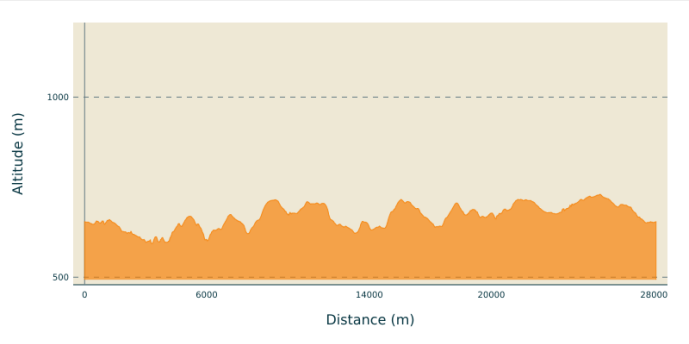
Type : Loop

Themes : Lakes and rivers, Landscape

Trek

Departure : Playground at Ponty, Ussel
Arrival : Playground at Ponty, Ussel
Markings : Brown mountain bike markers
Cities : 1. Ussel
2. Chaveroche
3. Saint-Pardoux-le-Vieux

Altimetric profile



Min elevation 593 m Max elevation 730 m

Marking: brown arrows
Departing from the Ponty playground

On your path…

Lake Ponty (A)

The Diège (B)

All useful information

How to come ?

Access

From the centre of Ussel, head towards Tulle and then Ponty at the shopping centre roundabout.

Advised parking

Playground at Ponty, Ussel

Information desks

Bureau d'information touristique d'Ussel
Place Voltaire, 19200 Ussel
Tel : 05 19 60 00 30

On your path...

Lake Ponty (A)

The 18-hectare Lake Ponty offers a natural setting ideal for relaxation as well as for sports activities: Canoeing, mountain biking, horseback riding, walking and fishing are some of the many activities available around the lake.

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The Diège (B)

This river has its source a few kilometres away on the eastern edge of the Millevaches plateau in the commune of Saint-Setiers and flows into the Dordogne. It is the ideal playground for fishermen, kayakers and walkers.

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