

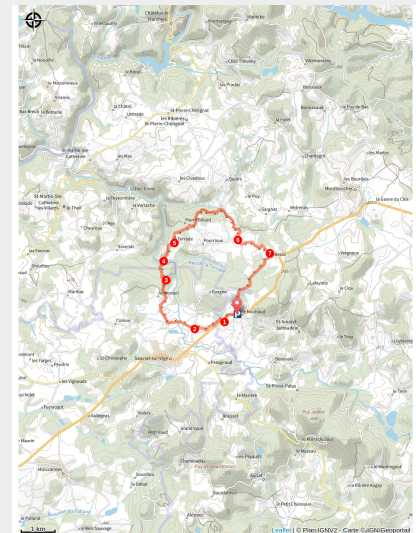
# History and Heritage Trail - West Variant



Sud Creuse – Aubusson – lac de Vassivière – Saint-Amand-Jartoudeix



Forêt d'Epagne en VTT (©Joel Damase)



*From Le Nouhaud, you will be able to explore the richness of the forest of Epagne and its particular flora.*

A mountain bike tour that will allow you to discover prehistoric, Gallo-Roman and medieval remains, and the built heritage of modern and contemporary times, as well as a remarkable natural and landscape heritage, notably the forest of Epagne and its typical flora.

## Useful information

Practice : Mountain Bike

Duration : 2 h

Length : 12.8 km

Trek ascent : 261 m

Difficulty : Medium

Type : Loop

Themes : Fauna et flora, Heritage site and architecture, History

**Departure** : Parking on Route D941, Le Nouhaud

**Arrival** : Parking on Route D941, Le Nouhaud

**Markings** : 🚶 Balisage VTT orange

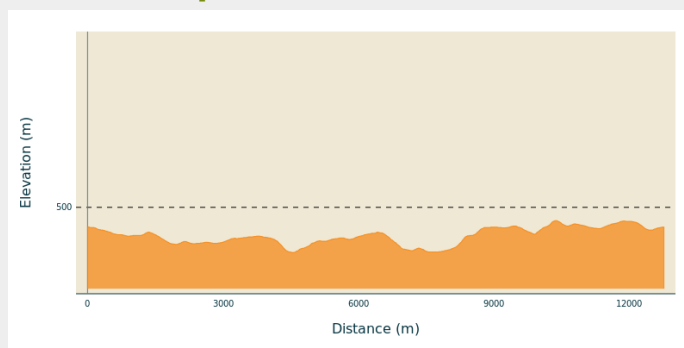
**Cities** : 1. Saint-Amand-Jartoudeix

2. Sauviat-sur-Vige

3. Saint-Martin-Sainte-Catherine

4. Saint-Pierre-Chérignat

## Altimetric profile



Min elevation 374 m Max elevation 463 m

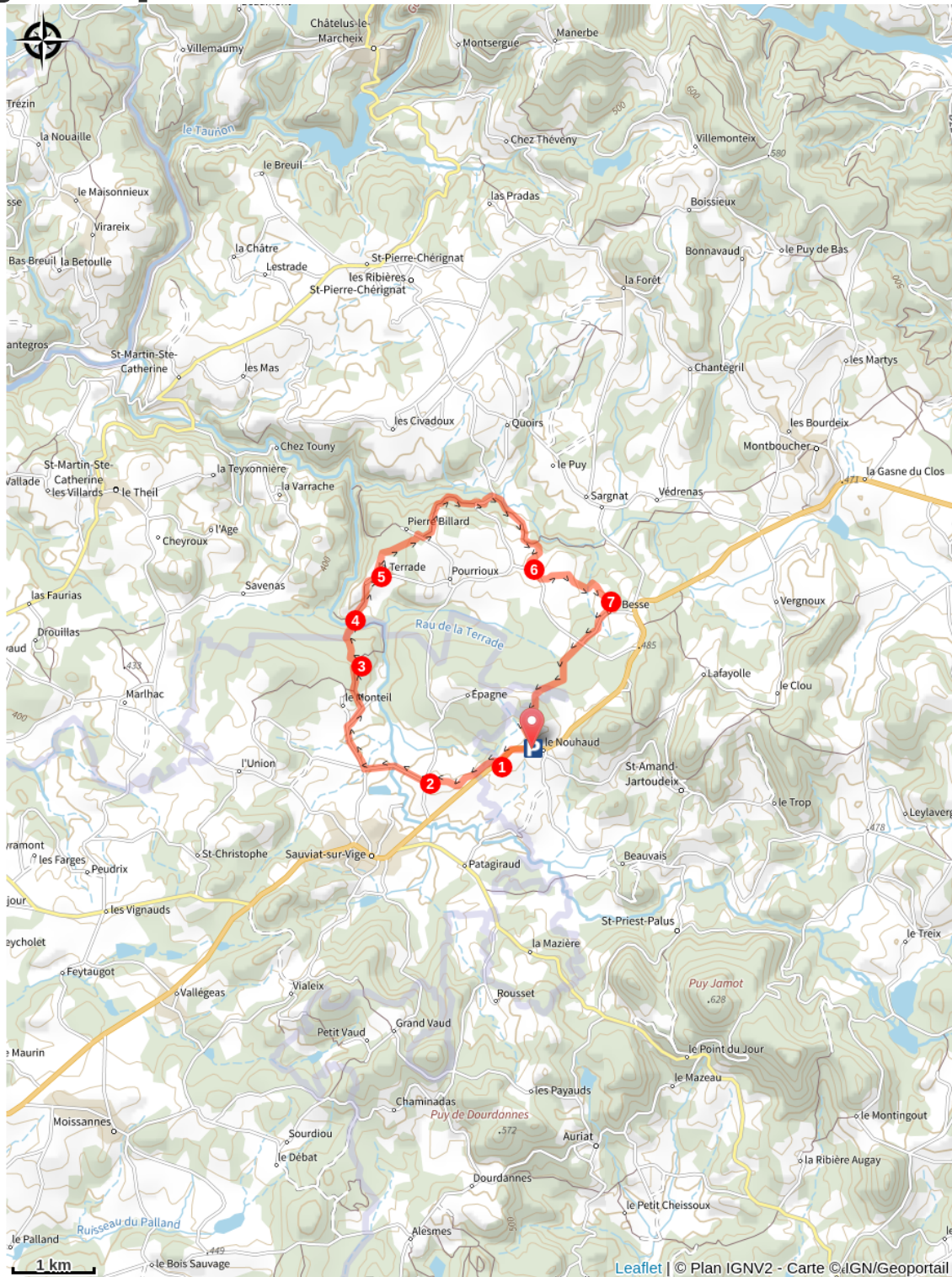
1. Turn right on the D 94 towards Sauviat-sur-Vige for 500 m before turning right onto an agricultural path. The trail turns left and then continues straight ahead until you reach the farm of La Martine. Pass behind these buildings and continue on the path to the right until you reach the road.
2. Take the road opposite, follow it straight ahead, pass Pontauty and then take the road on the right towards Le Monteil. Take the first road on the right that goes around Le Monteil, follow it for 300 m, then take the road on the left, the gateway to the site of the forest of Epagne. Go straight ahead, leave a track on the left and paths on the right, going on until you reach a wide crossroads.
3. Take the path at the bottom and go right up to the river, the Vige. Follow the river on the left until you reach the wooden footbridge, cross it, then continue on the upward path.
4. At the top of the hill, turn right and continue until you reach the village of La Terrade.
5. At La Terrade, go through the farmyard and return to the road on the right. At the last farm, turn left between the buildings, pass the new house and continue to the path to the Pierre Billard road. Turn right, then, 50 m further down the road, take the first path on the left. Follow it until you reach the road to the left. Before the Chez Lord bridge, take the road on the right which runs alongside a large house and its pond towards the mill. Before reaching this building, turn right on the path that leads to the village of Moulin-Jeune via the woods.
6. At Moulin-Jeune, go between houses to reach the main road again, follow it on the left for 200 m and then take the first path on the left, surrounded by meadows. Continue straight ahead.
7. To return to Le Nouhaud, go as far as the road to La Besse, and turn right to go through the village. At the bottom of this road, follow the road on the left for 500 m. At the crossroads, take the path opposite that borders the meadow to reach the Bois du Nouhaud. Just before the next crossroads, make a short round trip of about a hundred metres to discover the milestone. At the intersection, take the path opposite that leads to Le Nouhaud.



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# On your path...



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# All useful information

## **Advices**

Of medium difficulty, this trail is intended for all those who are a bit sporty. Be careful in the forest of Epagne to respect the specific mountain bike itinerary.

## **How to come ?**

### Access

14 km from Bourganeuf, follow the D941.

### Advised parking

Parking on Route D941, Le Nouhaud

## **Information desks**

### **Bureau d'information touristique de Bourganeuf**

Place du Champ de Foire, 23400  
Bourganeuf

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