

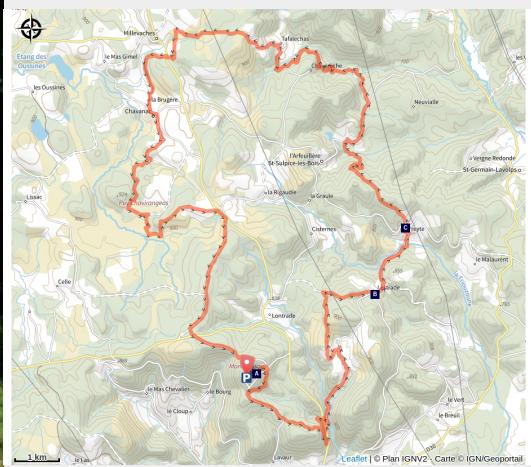


# O Taphaleschas!

Plateau de Millevaches



Château de Rochefort (G.Salat - CC HCC)



## A sporting circuit in the heart of the iconic landscapes and granite villages of the Millevaches plateau.

This circuit is part of the FFVélo Haute-Corrèze mountain bike base, the largest mountain biking area in France with 1000 km of marked circuits. A circuit running on forest tracks, with a succession of climbs and descents without too much respite, classified as "black" because of its total difference in elevation.

### Useful information

Practice : Mountain Bike

Duration : 4 h

Length : 40.0 km

Trek ascent : 1012 m

Difficulty : Sport

Type : Loop

# Trek

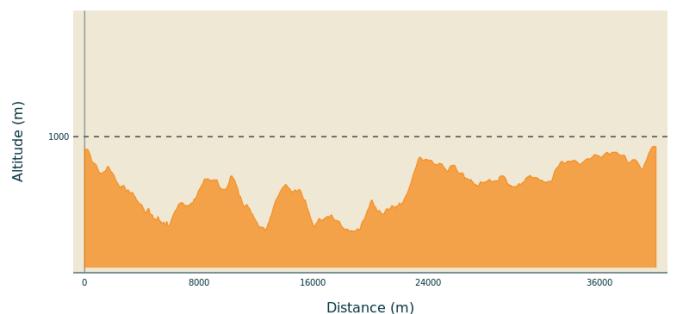
**Departure :** Car park at Mont-Bessou,  
Meymac

**Arrival :** Car park at Mont-Bessou,  
Meymac

**Markings :** ➤ Brown mountain bike  
markers

**Cities :** 1. Meymac  
2. Saint-Sulpice-les-Bois  
3. Sornac  
4. Millevaches  
5. Chavanac

## Altimetric profile



Min elevation 736 m Max elevation 973 m

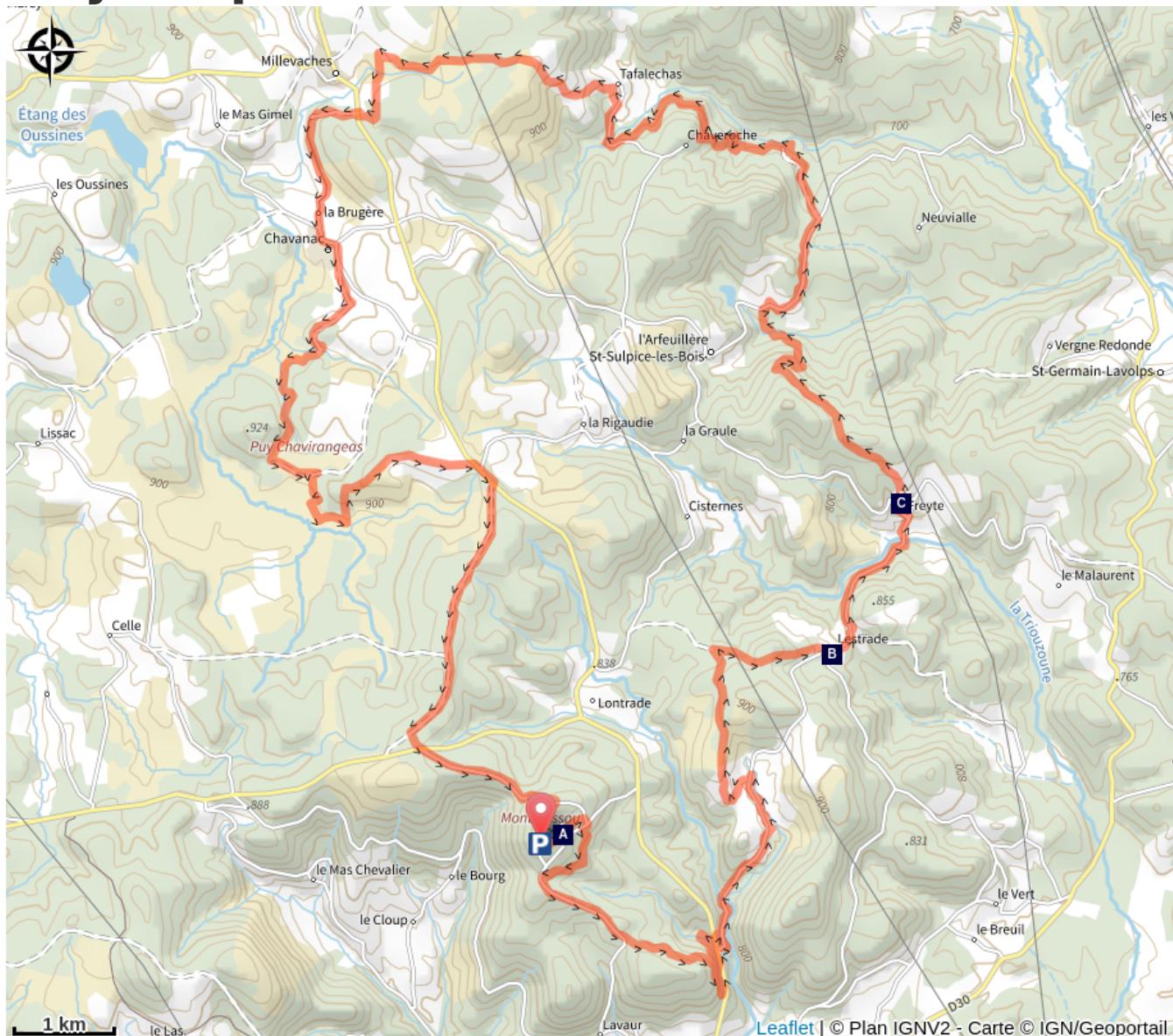
Departure from the panoramic tower car park. Head towards the tower.



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# On your path...



Tour of Mont Bessou (A)  
 The Chapel of St. James (C)

Lestrade (B)



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# All useful information

## *i* Chiens de protection (itinéraire VTT)

**PRUDENCE** : Chiens de protection des troupeaux

Ces chiens sont là pour protéger les troupeaux, il est conseillé d'adopter un comportement adapté lors de votre rencontre avec eux.

Nous vous invitons à consulter la page [En savoir plus](#) pour plus d'informations.



## How to come ?

### Access

Take the D36 (Meymac-Felletin); 5 km after Meymac, turn left towards Mont-Bessou.

### Advised parking

Car park at Mont-Bessou, Meymac



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## **Information desks**

### **Bureau d'information touristique de Meymac**

1 place de L'Hôtel de ville, 19250  
Meymac  
Tel : 05 19 60 00 30  
<https://www.tourisme-hautecorreze.fr/>



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# On your path...

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## Tour of Mont Bessou (A)

Climb the few steps of the Mont Bessou Panoramic Tower, which elevates you to the highest point of the Limousin and Millevaches Mountain, at an altitude of 1,000 m. Discover the Millevaches plateau in front of you... Do not look for the shepherdess or her flock, which were transformed, according to the legend, by the devil into 100 stones (see the site of the Hundred Stones). Don't linger either, as a good etymologist, looking for the 1,000 pools or 1,000 streams that meander through the caves and hollows, feeding the pastures (wet meadows) and peat bogs, before swelling the waters of the Dordogne and Loire rivers. Finally, don't think that the Limousin highlands look like a chain of puyes, the cones of extinct volcanoes, like those in the Auvergne which you can see in the distance. They are much more like a dull succession of heavy hills and hollows separated by barely marked valleys... the landscape of Millevaches is magnificent.

Attribution : CC HCC



## Lestrade (B)

The villages of Haute-Corrèze have all been involved in agriculture. Walking through these hamlets always produces interesting discoveries during a hike: barns, mansions, crosses and monuments, traditional local architecture... In Lestrade, don't miss the chapel, the bread oven, the dry stone walls...

Attribution : G.Salat - CC HCC



## The Chapel of St. James (C)

This chapel dates from at least the 13th century. Adjacent to a small cemetery, its wall-belfry is built very simply, but the quality of its window frames, its floor made up of a maze of religious burial tombs, and its fully panelled vault make it a remarkable building.

Attribution : V.Mendras - CC HCC



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