







# The Crosses of Millevaches

Plateau de Millevaches - Ambrugeat







Les Croix de Millevaches (CC HCC)

# A small family circuit around the Sechemailles lake.

This circuit is part of the FFVélo Haute-Corrèze mountain bike base, the largest mountain biking area in France with 1000 km of marked circuits. This tour can pleasantly extend route 11. A family circuit with some technical passages and an "ascent" to La Gautherie. On the other hand, the lakeside portions are used by pedestrians, who have priority.

#### **Useful information**

Practice: Mountain Bike

Duration: 1 h

Length: 10.3 km

Trek ascent: 251 m

Difficulty: Easy

Type: Loop



# **Trek**

**Departure**: Car park at the Lac de

Séchemailles, Ambrugeat

**Arrival**: Car park at the Lac de

Séchemailles, Ambrugeat

**Markings** : **▶** Brown mountain bike

markers

Cities: 1. Ambrugeat

2. Meymac

### **Altimetric profile**



Min elevation 610 m Max elevation 746 m

Departure from the first car park at the entrance to the site. The tour of the lake is counter-clockwise.



On your path...



Bread oven at La Gautherie (A)

Café on the square (B)



# All useful information

#### How to come?

#### **Access**

In Meymac, head in the direction of Tulle, then the tourist complex of Séchemailles.

### Advised parking

Car park at the Lac de Séchemailles, Ambrugeat

# **1** Information desks

### Bureau d'information touristique de Meymac

1 place de L'Hôtel de ville, 19250 Meymac

Tel: 05 19 60 00 30

https://www.tourisme-hautecorreze.fr/



# On your path...



## Bread oven at La Gautherie (A)

The villages of Haute-Corrèze have all been involved in agriculture. Walking through these hamlets always produces interesting discoveries during a hike: barns, large country houses, crosses and monuments, traditional local architecture, etc. When you arrive at La Gautherie, on the right, don't miss the bread oven.

Attribution : CC HCC G. Salat



## Café on the square (B)

In the heart of Ambrugeat, the former Paulette's café-grocery, closed since the beginning of 2000, has been contributing to the life of the village and its surroundings since 2021. The "La Maison sur la Place" association is working to give it second wind. A bistro, sometimes a restaurant, a place to meet and hang out, a space for shows, debates or mutual help, the establishment is driven by the desire to mix generations, cultures and aspirations.

Attribution : association la Maison sur la Place

