







# **Along the Crests**

Plateau de Millevaches - Ambrugeat







(CC HCC)

# The sportiest circuit starting from the Lac de Séchemailles.

This circuit is part of the FFVélo Haute-Corrèze mountain bike base, the largest mountain biking area in France with 1000 km of marked circuits. A circuit classified as black because of its difference in level but which does not involve any particular technical difficulty: ideal for a fairly short, quite energetic outing. You can lengthen the loop by crossing it with the "Le Champ Nègre" circuit. On the other hand, the lakeside portions are used by pedestrians, who have priority.

#### **Useful information**

Practice: Mountain Bike

Duration: 3 h 30

Length: 29.8 km

Trek ascent: 837 m

Difficulty: Sport

Type: Loop



# **Trek**

**Departure**: Car park at the Lac de

Séchemailles, Ambrugeat

**Arrival**: Car park at the Lac de

Séchemailles, Ambrugeat

**Markings** : **▶** Brown mountain bike

markers

Cities: 1. Ambrugeat

Meymac
Davignac

## **Altimetric profile**

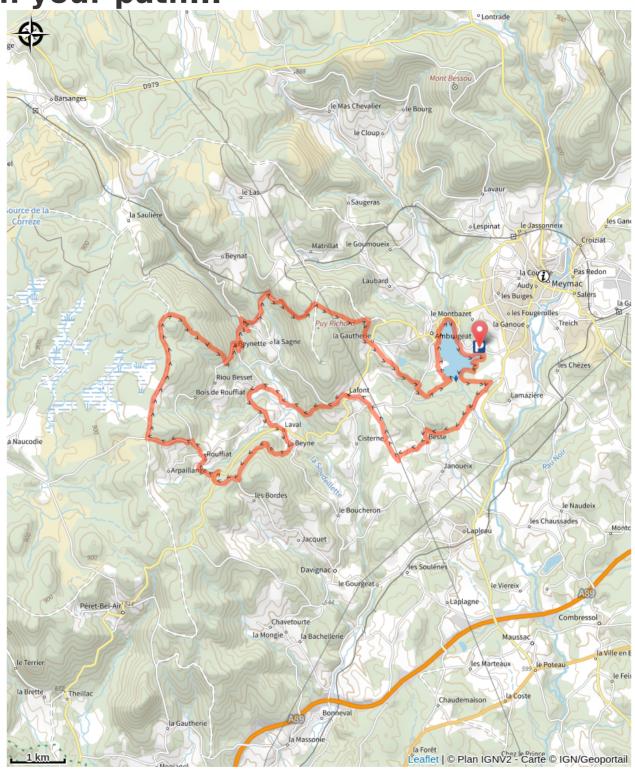


Min elevation 610 m Max elevation 926 m

Departure from the first car park at the entrance to the site. The circuit joins the lake and leaves to the left.



On your path...





# All useful information

#### How to come?

#### **Access**

In Meymac, head towards Tulle, then the tourist complex of Séchemailles.

## Advised parking

Car park at the Lac de Séchemailles, Ambrugeat

## 1 Information desks

### Bureau d'information touristique de Meymac

1 place de L'Hôtel de ville, 19250 Meymac

Tel: 05 19 60 00 30

https://www.tourisme-hautecorreze.fr/

