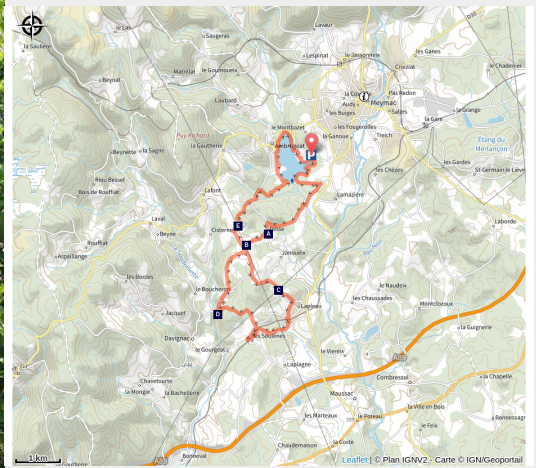


# The Champs Nègre

Plateau de Millevaches - Ambrugeat



(CC HCC)



## *A small family circuit around the Sechemailles lake.*

This circuit is part of the FFVélo Haute-Corrèze mountain bike base, the largest mountain biking area in France with 1000 km of marked circuits. A circuit classified red due to its length, but which does not involve any particular difficulty: ideal for an easy-going family outing that's quite long. The bravest will continue with the detour that constitutes the "Les croix de Millevaches" (Crosses of Millevaches) circuit. On the other hand, the lakeside portions are used by pedestrians, who have priority.

## Useful information

Practice : Mountain Bike

Duration : 1 h 45

Length : 17.7 km

Trek ascent : 422 m

Difficulty : Difficult

Type : Loop

# Trek

**Departure** : Car park at the Lac de Séchemailles, Ambrugeat

**Arrival** : Car park at the Lac de Séchemailles, Ambrugeat

**Markings** : ➤ Brown mountain bike markers

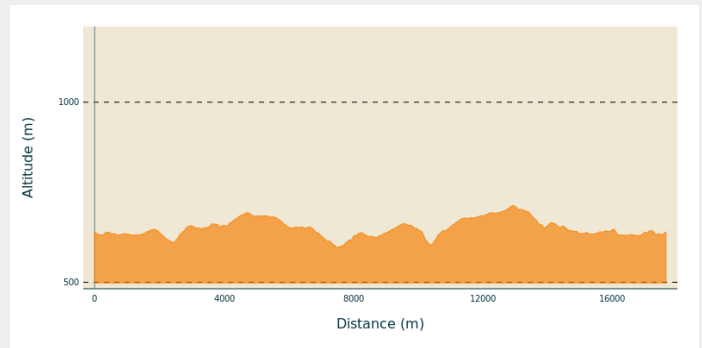
**Cities** : 1. Ambrugeat

2. Meymac

3. Davignac

4. Maussac

## Altimetric profile



Min elevation 596 m Max elevation 713 m

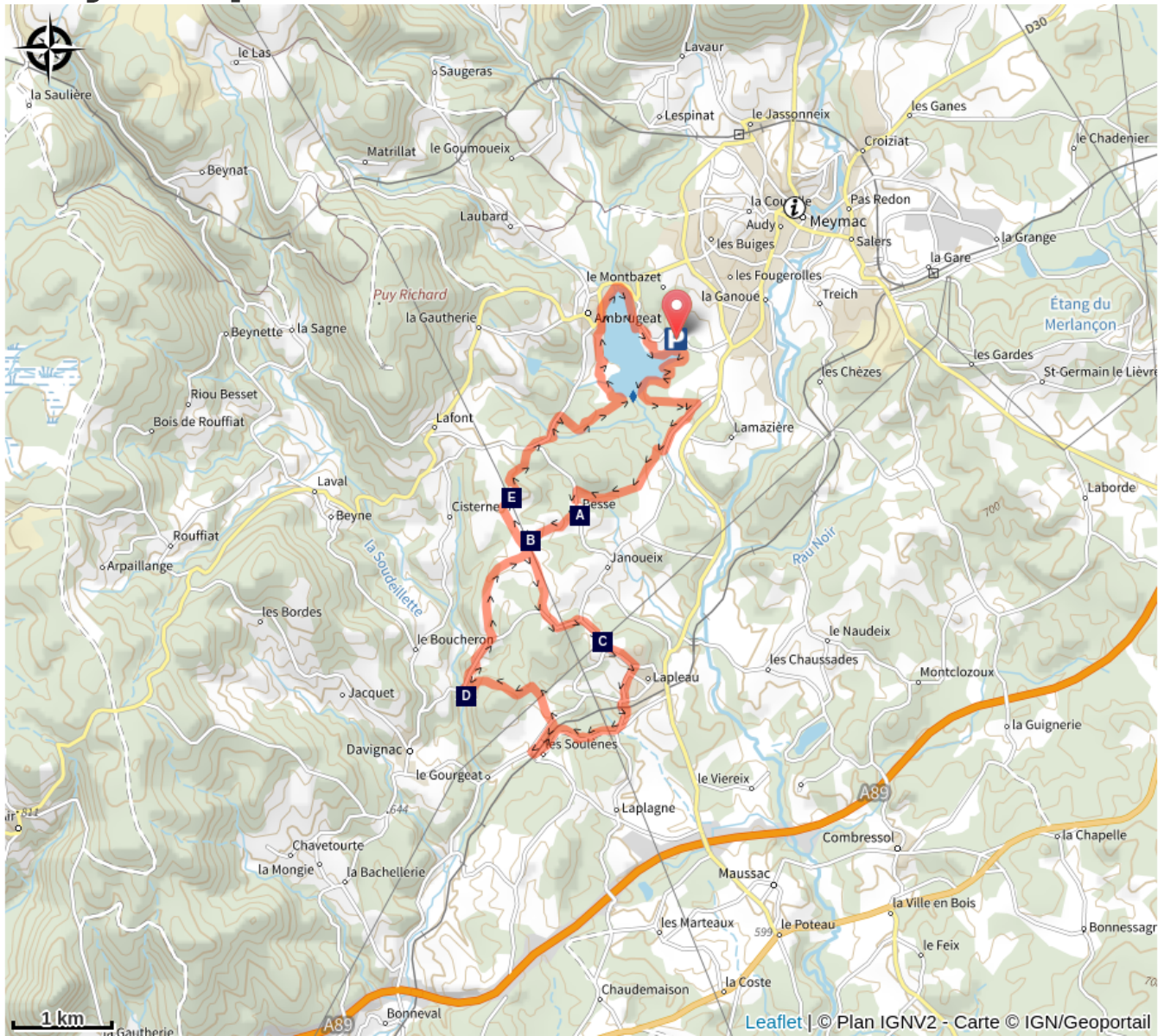
Departure from the first car park at the entrance to the site. The circuit joins the lake and leaves to the left.








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# On your path...



-  The village of Besse (A)
-  Mont Bessou (C)
-  The Cantal Mountains (E)

-  Le Massif du Sancy (B)
-  The Soudeillette (D)



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# All useful information

## How to come ?

### Access

From Meymac, head towards Tulle, then the tourist complex of Séchemailles.

### Advised parking

Car park at the Lac de Séchemailles, Ambrugeat

## Information desks

### Bureau d'information touristique de Meymac

1 place de L'Hôtel de ville, 19250

Meymac

Tel : 05 19 60 00 30

<https://www.tourisme-hautecorreze.fr/>



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# On your path...

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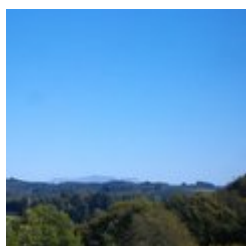


## The village of Besse (A)

The villages of Haute-Corrèze are all involved in agriculture. Walking through these hamlets always produces interesting discoveries during a hike: barns, mansions, crosses and monuments, traditional local architecture... In Besse, past the well, don't miss on your left the house with its sculpted lintels and then the calvary cross.

Attribution : G.Salat - CC HCC

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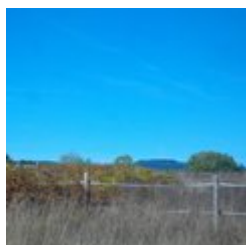


## Le Massif du Sancy (B)

This hike will offer you a remarkable view of the highest volcano in metropolitan France, the Puy de Sancy. At 1885 metres above sea level, this summit is the highest point of the Massif Central. The two streams, the Dore and the Dogne, originate there, and their confluence forms the Dordogne.

Attribution : G.Salat - CC HCC

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## Mont Bessou (C)

In the distance, easily identifiable thanks to its television and telephone broadcasting antenna, stands Mont Bessou. At 976 metres, it is the highest point in the Limousin. When you return from your walk, make a detour to discover a magnificent viewpoint overlooking the Monts d'Auvergne from the top of its panoramic tower.

Attribution : G.Salat - CC HCC

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## The Soudeillette (D)

The Soudeillette is a tributary of the Luzège river which has its source in the peaty bottoms of the Millevaches plateau. The good water quality of the river favours populations of brown trout. The valley is home to many remarkable species, both plants and animals, which is why it has been classified as a Natural Zone of Fauna and Flora Interest. It has also been used by humans to power mills like the one in Pézareix.

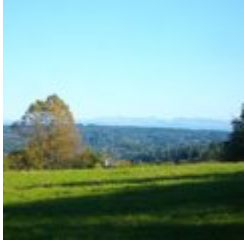
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## The Cantal Mountains (E)

Another Auvergne massif with the Sancy, you will see the the Monts du Cantal during this hike. This massif is in fact the remnant of a stratovolcano born 13 million years ago, the largest in Europe, eroded by collapse and glacial erosion.

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