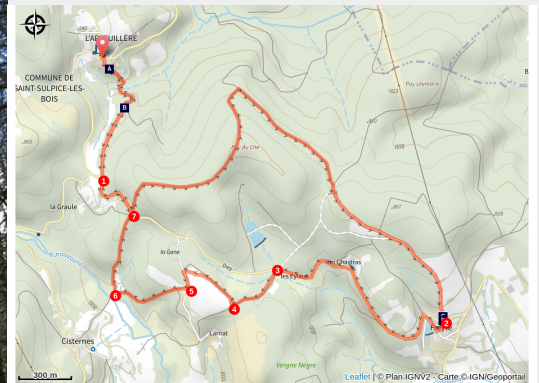


# Beliefs and superstitions

Parc de Millevaches en Limousin - Saint-Sulpice-les-Bois



(J.Primpier - PNRML)



*Explore the forests surrounding Saint-Sulpice-les-Bois to discover the omnipresent traditional architecture between chapels and symbols of Christianity and faith.*

Until recently, all the more or less strange phenomena were explained either by the elders who had already seen or heard them, or by the Lord and his disciples, for whom churches and chapels were erected to receive the good word. Immerse yourself in our world of stories and legends...

## Useful information

Practice : Pedestrian

Duration : 2 h 15

Length : 9.1 km

Trek ascent : 295 m

Difficulty : Medium

Type : Loop

Themes : Heritage site and architecture

# Trek

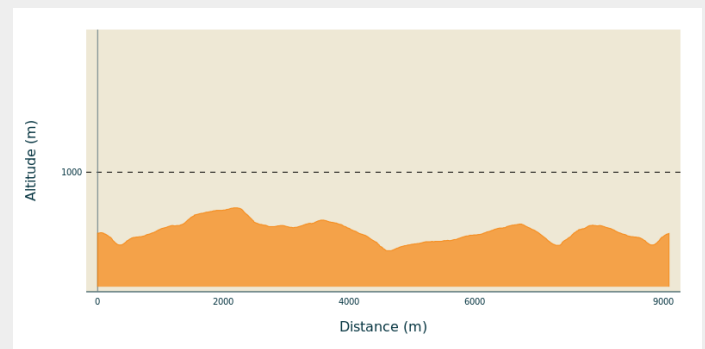
**Departure** : Mairie, Saint-Sulpice-les-Bois

**Arrival** : Mairie, Saint-Sulpice-les-Bois

**Markings** : — Yellow markers

**Cities** : 1. Saint-Sulpice-les-Bois

## Altimetric profile



Min elevation 782 m    Max elevation 901 m

From the town hall car park, rejoin the road and turn right. At the crossroads, go almost opposite (chapel) and then down the path on the right, passing to the right of the last house. Pass in front of the church; follow the small road. Turn right onto the departmental road.



1. At the four-way crossroads, go up the path on the left. Continue straight ahead on the ridge and then descend to Freyte.
2. At the chapel in Freyte, go straight ahead and then go up on the right to the D49.
3. Leave the departmental road and turn onto the path on the left.
4. At the left-hand bend, go straight on, climb over the stile and go on alongside the meadow on the right.
5. Don't forget to leave the road and take the inconspicuous path on the right.
6. Where the paths cross, go right.
7. At the crossroads, turn left to return to the start by the same route you followed on the outward journey.



*Rando Millevaches*  
NATURE EN LIMOUSIN

# On your path...



-  The Arfeuillère Chapel (A)
-  The Chapel of St. James (C)

-  Church of Saint-Sulpice-les-Bois (B)
-  The Cross of Freyte (D)



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# All useful information

## How to come ?

### Access

From Meymac, follow the D36 and turn off towards Saint-Sulpice-les-Bois.

### Advised parking

Mairie, Saint-Sulpice-les-Bois

## Information desks

### Bureau d'information touristique de Meymac

1 place de L'Hôtel de ville, 19250

Meymac

Tel : 05 19 60 00 30

<https://www.tourisme-hautecorreze.fr/>



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# On your path...

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## The Arfeuillère Chapel (A)

It is not always easy to be on time for services and masses in these regions with harsh climates. To bring Christians closer to the Lord and to enable them to pray regularly, the abbots built religious buildings, which were real relays to the churches. The chapel and presbytery of Arfeuillère were established in the 18th century as a branch of the parish church.

Attribution : J.Primpier - PNRML

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## Church of Saint-Sulpice-les-Bois (B)

It seemed logical to bring the place of prayer closer to the souls of the villagers. This church, isolated in the middle of the woods, is surprisingly well situated; it looks more like a retreat for good Christians than a place of daily worship. Dedicated to Saint Sulpice, this 12th -century parish building was extended with the addition of two side chapels.

Attribution : J.Primpier - PNRML

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## The Chapel of St. James (C)

This chapel dates from at least the 13th century. Adjacent to a small cemetery, its wall-belfry is built very simply, but the quality of its window frames, its floor made up of a maze of religious burial tombs, and its fully panelled vault make it a remarkable building.

Attribution : V.Mendras - CC HCC

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## The Cross of Freyte (D)

The oldest cross is located in the Freyte cemetery with heart-shaped volutes in the granite where the arms of Christ are lost and merge. It has been dated to the 17th century.

Attribution : J.Primpier - PNRML

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