





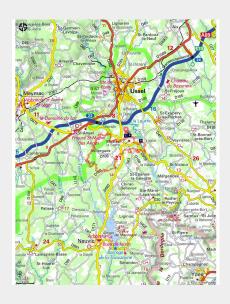


The Puy de Sabat

Gorges et plateaux de la Haute-Dordogne







(V.Mendras - CC HCC)

A multi-faceted circuit, typical of the Haut-Corréze landscape.

The beginning of the course is more technical and hilly. It offers the most beautiful landscapes: the Puy du Sancy on sunny days, a passage by the Diège and a descent overlooking the river. The rest of the route alternates between passages in the woods, beautiful forest tracks, and roads with very little traffic. This circuit includes two shorter routes, Picturesque Valleys (13 km) and Fine Fountains (16 km). Favourite section: the passage through the wetlands at about the halfway point, on the wooden pontoons.

Useful information

Practice: Mountain Bike

Duration: 3 h

Length: 31.6 km

Trek ascent: 754 m

Difficulty: Difficult

Type: Loop

Themes: Discovery trail



Trek

Departure: Church, Mestes **Arrival**: Church, Mestes

Markings: **⇒** Brown mountain bike

markers

Cities: 1. Mestes

2. Saint-Exupéry-les-Roches

3. Valiergues

4. Chirac-Bellevue

5. Saint-Angel

Altimetric profile

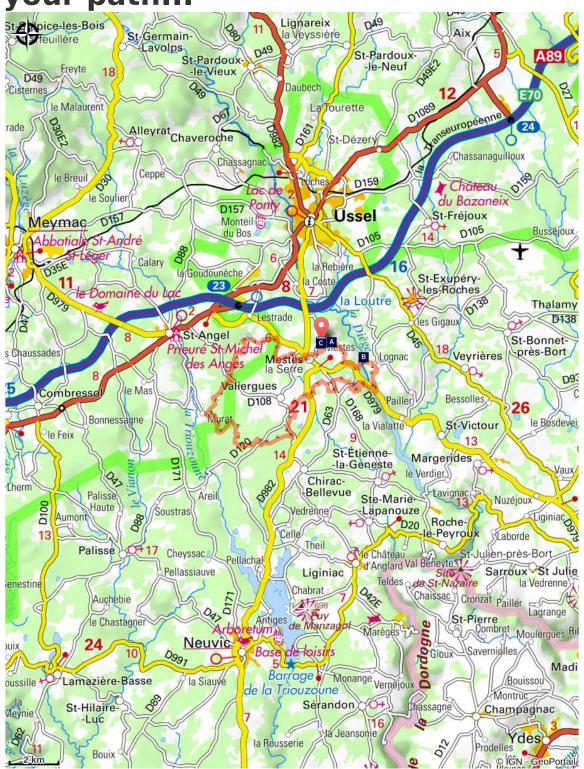


Min elevation 548 m Max elevation 711 m

Marking: brown arrows, circuit number 20



On your path...



Pond of Mont Roux (A)

La Diège (B)

Church of Saint Pierre (C)



All useful information



A Advices

Please note, pedestrians have priority

How to come?

Access

From Ussel town centre, head towards Neuvic. 6 km further on, at the La Serre roundabout, take the second exit. 350 m further on, turn left towards Mestes. Go straight on for 1 km until you reach the small church at Mestes, slightly on the right, at the top of a small rise.

Advised parking

Church, Mestes



Information desks

Bureau d'information touristique d'Ussel

Rue Saint-Martin, 19200 Ussel

Tel: 05 19 60 00 30

https://www.tourisme-hautecorreze.fr/



On your path...



Pond of Mont Roux (A)

Particularly appreciated by fishermen, the Mont Roux pond is the ideal place for a picnic break.

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La Diège (B)

A right bank tributary of the Dordogne, the Diège borders the eastern part of the commune of Mestes. To the southeast of the commune is the Chaumettes dam, built between 1925 and 1927, and which is still in use today, producing hydroelectricity.

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Church of Saint Pierre (C)

The church of Saint-Pierre, partly Romanesque, was built in the 13th century and enlarged in the 17th century. Inside, there is a representation of the Lamentation of Christ, a painting on wood dating from the 17th century and classified as a historical monument since 1970.

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