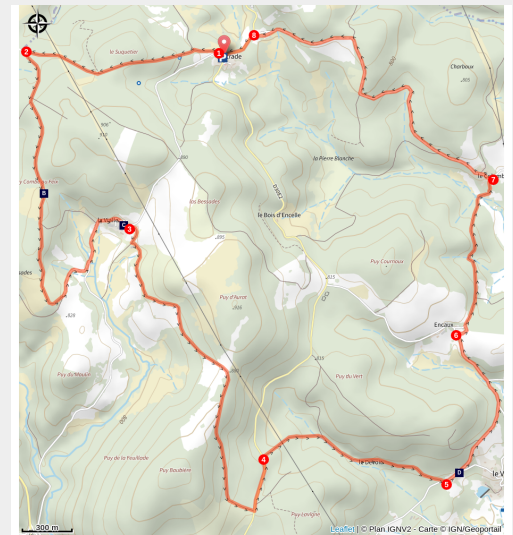


# Landscape Metamorphoses

Plateau de Millevaches - Meymac



(G.Salat - CC HCC)



*Photograph this landscape now;  
tomorrow, it will be different...*

Welcome to one of the world's largest theatres,  
where nature and mankind are constantly  
creating new sets. Observe the role and  
importance of each of their elements, and  
memorise them, because when you come back,  
the scene will have already changed: woods cut,  
barns restored...

## Useful information

Practice : Pedestrian

Duration : 3 h

Length : 12.6 km

Trek ascent : 408 m

Difficulty : Difficult

Type : Loop

Themes : Landscape

# Trek

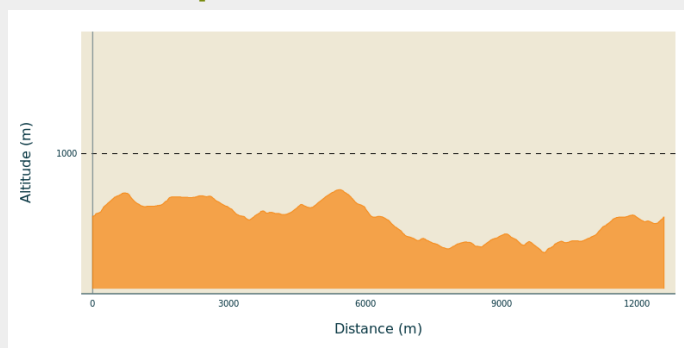
**Departure** : Car park at the Chapel of Lestrade, Meymac

**Arrival** : Car park at the Chapel of Lestrade, Meymac

**Markings** : — Yellow markers

**Cities** : 1. Meymac

## Altimetric profile



Min elevation 725 m Max elevation 900 m

Depart from the Lestrade chapel. In front of the departure sign, turn left (or right for the shorter family trail) towards La Vialle.

1. As you leave the village, take the path that goes up to the right of the old bread oven. Go past a path on your right. Join a track and follow it straight ahead. At the top, go back down to where the tracks cross.
2. Turn onto the track to the left. This goes up and towards a plateau passing two paths on the left, then descends again. Turn left where the tracks cross to find the road. Turn left and go through La Vialle.
3. Before the last houses, take the track on the right. At the large shed, follow a track on the left that rises and then drops down to the road. Follow it for 300 metres.
4. Take the path that descends to the right; stay on the main path, pass a restored farmhouse and join a road.
5. Follow it to the left. In the village, turn right towards Encaux. Continue up the road, ignoring the roads to the right towards Le Vert and then La Férode.
6. Before entering the village of Encaux, take the path to the right. Follow it as far as Le Colomby.
7. Keep left in the village. Turn left again as you leave it: the road becomes a track. Stay on this main track that goes up to Lestrade.
8. After the first houses, take the road on the left to find the starting point again.



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# On your path...



Lestrade (A)



La Vialle (C)



Mont Bessou (B)



The Mountains of Auvergne (D)



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# All useful information

## **Advices**

Ce circuit comporte une boucle plus courte (6 km) qui fait l'objet d'une fiche descriptive. Le départ ne se fait pas du bourg de Meymac mais du village de Lestrade situé à 7 km du bourg.

## **How to come ?**

### Access

From Meymac, follow the D30 towards Sornac. 1 km after leaving the village, turn left to take the D 30E2 towards Lestrade.

### Advised parking

Car park at the Chapel of Lestrade, Meymac

## **Information desks**

### **Bureau d'information touristique de Meymac**

1 place de L'Hôtel de ville, 19250

Meymac

Tel : 05 19 60 00 30

<https://www.tourisme-hautecorreze.fr/>



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# On your path...

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## 🏰 Lestrade (A)

The villages of Haute-Corrèze have all been involved in agriculture. Walking through these hamlets always produces interesting discoveries during a hike: barns, mansions, crosses and monuments, traditional local architecture... In Lestrade, don't miss the chapel, the bread oven, the dry stone walls...

Attribution : G.Salat - CC HCC

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## 🌄 Mont Bessou (B)

In the distance, easily identifiable thanks to its television and telephone broadcasting antenna, stands Mont Bessou. At 976 metres, it is the highest point in the Limousin. When you return from your walk, make a detour to discover a magnificent viewpoint overlooking the Monts d'Auvergne from the top of its panoramic tower.

Attribution : G.Salat - CC HCC

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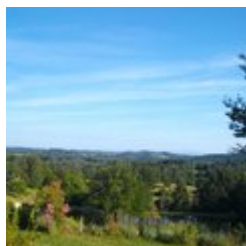


## 🏰 La Vialle (C)

On the heights of Meymac, in the vicinity of La Vialle, this place is ideal for soaking up traditional and ancient landscapes because they have become so rare. Note the village layout on the south-facing slope, with granite buildings. The path rises, and the rocky summit is occupied by heather moors, the domain of sheep.

Attribution : G.Salat - CC HCC

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## 🌄 The Mountains of Auvergne (D)

At the level of the village of Le Vert, this hike offers a view of the Monts d'Auvergne: to the right, the Massif du Cantal is the remnant of a stratovolcano formed 13 million years ago, the largest in Europe, eroded by collapse and glacial erosion. Then on the left, you can see the volcanic massif of Sancy (1,886 m), the highest point of the Massif Central.

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