







Changing landscapes (shortened version)



Plateau de Millevaches - Meymac





(G.Salat - CC HCC)

Photograph this landscape now; tomorrow, it will be different...

Welcome to one of the world's largest theatres, where nature and mankind are constantly creating new sets. Observe the role and importance of each of their elements, and memorise them, because when you come back, the scene will have already changed: woods cut, barns restored...

Useful information

Practice: Pedestrian

Duration: 1 h 30

Length: 6.1 km

Trek ascent: 206 m

Difficulty: Medium

Type: Loop

Themes: Landscape



Trek

Departure: Car park at the Chapel of

Lestrade, Meymac

Arrival: Car park at the Chapel of

Lestrade, Meymac

Markings: — Yellow markers

Cities: 1. Meymac

Altimetric profile

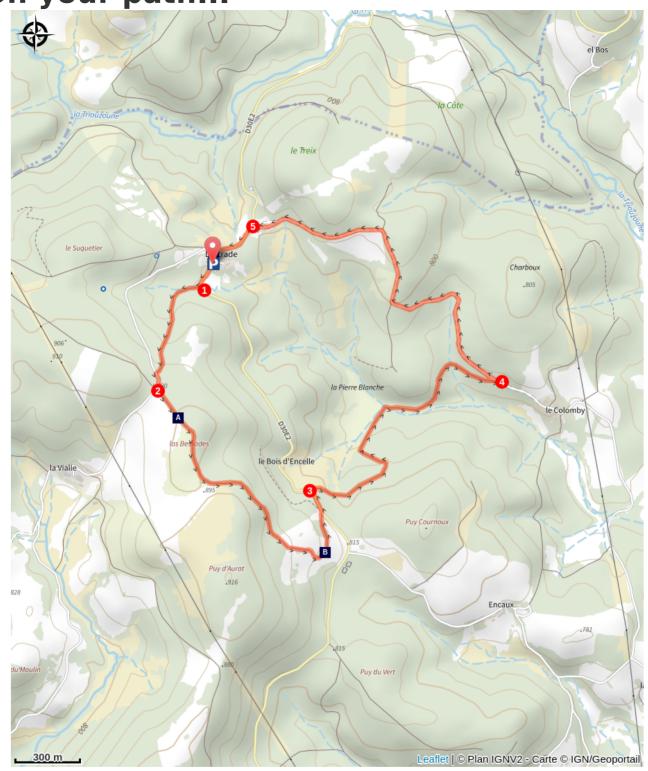


Min elevation 744 m Max elevation 908 m

Depart from the Lestrade chapel. In front of the start sign, go right (left for the large circuit).

- 1. 100 metres after the exit from the village, turn right on a path that goes uphill: ignore a path on the right and two paths on the left to return to the road. Follow it to the left for 50 metres.
- 2. At the top, take the path on the left, which goes on and then down to the road. Follow it to the left for 150 metres.
- 3. Fork right on the path that goes down between meadows and woods. Follow it for $1.5\ \mathrm{km}$.
- 4. At the track, turn left: this track goes up to Lestrade.
- 5. After the first houses, take the road on the left to find the starting point again.

On your path...



Mont Bessou (A)
Lestrade (C)

Monts du Cantal (B)



All useful information



A Advices

Ce circuit comporte une boucle plus longue (13 km) qui fait l'objet d'une fiche descriptive. Le départ ne se fait pas du bourg de Meymac mais du village de Lestrade situé à 7 km du bourg.

How to come?

Access

From Meymac, follow the D30 towards Sornac. 1 km after leaving the village, turn left to take the D 30E2 towards Lestrade.

Advised parking

Car park at the Chapel of Lestrade, Meymac

1 Information desks

Bureau d'information touristique de Meymac

1 place de L'Hôtel de ville, 19250 Meymac

Tel: 05 19 60 00 30

https://www.tourisme-hautecorreze.fr/



On your path...



Mont Bessou (A)

In the distance, easily identifiable thanks to its television and telephone broadcasting antenna, stands Mont Bessou. At 976 metres, it is the highest point in Limousin. When you return from your walk, make a detour to discover a magnificent viewpoint overlooking the Monts d'Auvergne from the top of its panoramic tower.

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Monts du Cantal (B)

Another Auvergne massif like the Sancy, you will see the Monts du Cantal during this hike. This massif is, in fact, the remnant of a stratovolcano formed 13 million years ago, the largest in Europe, eroded by collapse and glacial erosion.

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Lestrade (C)

The villages of Haute-Corrèze have all been involved in agriculture. Walking through these hamlets always produces interesting discoveries during a hike: barns, mansions, crosses and monuments, traditional local architecture... In Lestrade, don't miss the chapel, the bread oven, the dry stone walls...

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