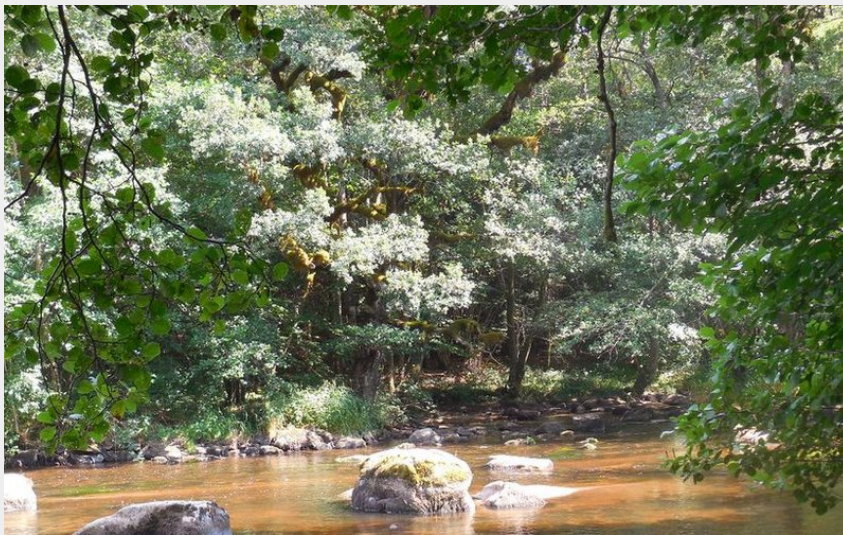


# La Bujada

Gorges et plateaux de la Haute-Dordogne - Mestes



(G.Salat - CC HCC)



*The name of this route, "La Bujada", which means "laundry" in Occitan, comes from the spring-washhouse complex in the village of Le Mas.*

This short hike starts from the church of Mestes and goes down to the Diège; it is a beautiful path through the woodland undergrowth on the river's edge. The more athletic can take a break at the activity centre before heading back up to the plateau.

## Useful information

Practice : Pedestrian

Duration : 1 h 30

Length : 6.2 km

Trek ascent : 168 m

Difficulty : Medium

Type : Loop

Themes : Lakes and rivers

# Trek

**Departure** : Church, Mestes

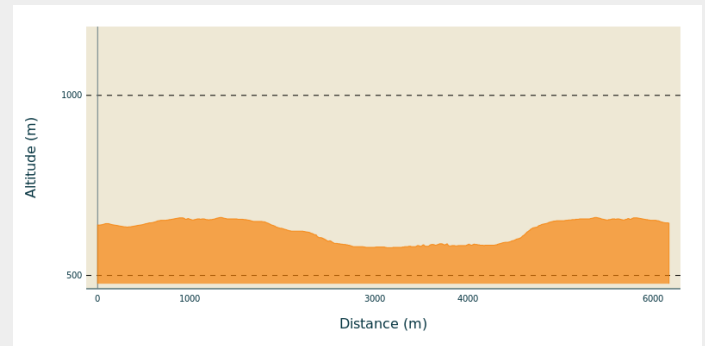
**Arrival** : Church, Mestes

**Markings** :

— Yellow markers

**Cities** : 1. Mestes

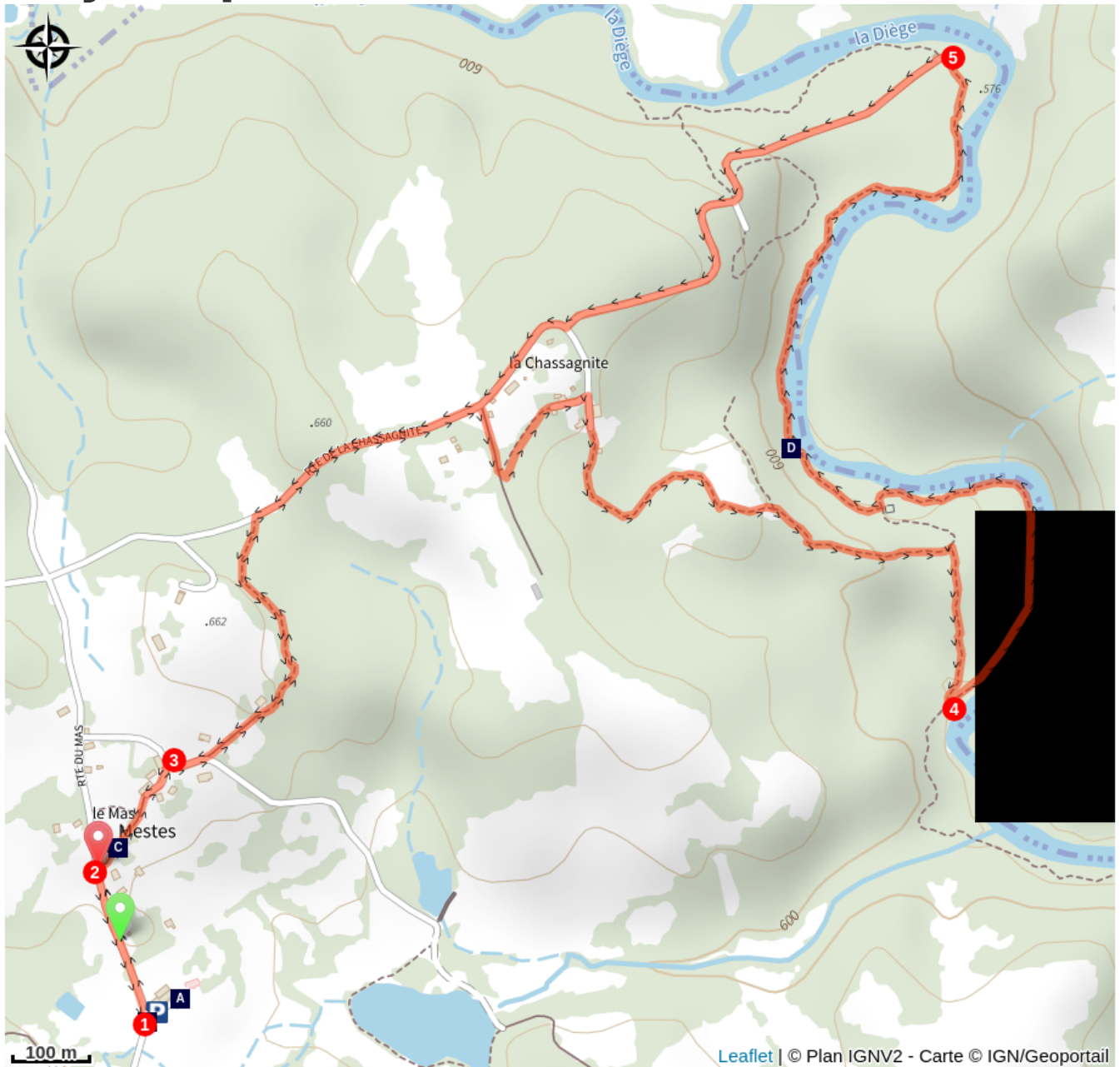
## Altimetric profile





Min elevation 577 m    Max elevation 661 m

1. Leave the church behind you and go right towards Le Mas.
2. In the village, at the cross, take a path to the right (the communal washhouse is shortly after on your right at the edge of the path). When you reach the road, turn right and then left onto the track leading up to the shed. This track becomes a path.
3. At the road, turn right to reach La Chassagnite. Take the path on the right after the first house and then the path on the left; cross the courtyard of the house and then take the road to the right. It descends and becomes a path that runs alongside the meadows. At the entrance to the wood, take the path on the right; join the banks of the Diège before the stream.
4. Turn left onto the path that runs alongside the river for several hundred metres until you reach the car park on the banks of the Diège.
5. Turn left up the track that runs alongside the activity centre and treetop trail. At the car park, turn right to go up towards L a Chassagnite. Go through the village and follow the same route you took on the way out: follow the road for 400 m, then take the trail on the left. At Le Mas, turn right and then left in the village to return to the start.

# On your path...



-  Church (A)
-  The Le Mas washhouse (C)

-  Puy de Sancy (B)
-  The Diège (D)



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# All useful information

## How to come ?

### Access

From Ussel, follow the D982 towards Neuvic for 5 km. Towards the end of the climb, turn left towards the activity centre. Turn right at the crossroads. After 600 m, turn left at the church.

### Advised parking

Church, Mestes

## Information desks

### Bureau d'information touristique d'Ussel

Rue Saint-Martin, 19200 Ussel

Tel : 05 19 60 00 30

<https://www.tourisme-hautecorreze.fr/>



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# On your path...

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## Church (A)

The church of Saint-Pierre, partly Romanesque, was built in the 13th century and enlarged in the 17th century. Inside, there is a depiction of the Lamentation of Christ, a 17th-century painting on wood, listed as a historical monument since 1970.

Attribution : V.Mendras - CC HCC

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## Puy de Sancy (B)

Before starting the hike, climb up to the church to enjoy the view of the highest volcano in mainland France, Puy de Sancy. At 1885 metres above sea level, this summit is the highest point of the Massif Central. The two streams, the Dore and the Dogne, originate there, and their confluence forms the Dordogne.

Attribution : G.Salat - CC HCC

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## The Le Mas washhouse (C)

Used to wash the laundry for the village. This activity was physically very difficult. The washhouse served an important social function as it was a place where women could meet and talk.

Attribution : CC HCC

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## The Diège (D)

This river has its source a few kilometres away on the eastern edge of the Millevaches plateau in the commune of Saint-Setiers and flows into the Dordogne. It is the ideal playground for fishermen, kayakers and walkers.

Attribution : V.Mendras - CC HCC

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